



## Massage Menu

Our classic massages are tailored to your needs. Tensions are released, blood circulation is stimulated and metabolism is activated. Massages help to improve your health and well-being.

To be able to enjoy a massage during your stay with us, we kindly ask you to make an appointment well in advance: +41 33 853 10 04 or [hello@hotel-glacier.ch](mailto:hello@hotel-glacier.ch)

### **50min Full Body Massage**

**CHF 110.-**

With different massage techniques, torso, arms and legs are massaged. Tense muscles are loosened and thus an optimal blood circulation and a deep muscle relaxation is achieved.

### **25min Partial Body Massage**

**CHF 60.-**

The classic massage relieves tensions, promotes blood circulation, purifies the body and causes deep relaxation of the musculature.

### **25min Head & Face Massage**

**CHF 50.-**

This relaxing treatment focuses solely on the shoulders, neck head and face. It is ideal for anyone experiencing headaches, slow hair growth or even if you simply need to unwind.

### **50min Back Intensive Massage**

**CHF 110.-**

The classic and intense massage relieves tensions in the back, enhances blood circulation, purifies the body and induces a deep muscles relaxation.

### **50min Sport Massage**

**CHF 115.-**

### **25min Sport Massage**

**CHF 65.-**

This massage is ideal for anyone looking to relieve tired, stressed muscles. It can help prepare the body for future activities or aid with recovery, it helps with flexibility and vitality.

